All Souls Remembrance 2026

Dear Friends of St. Jude,

I'm always struck by how even non-religious, secular actors can sometimes express profound Christian truths—usually without realizing it! A few years ago, the actor Andrew Garfield spoke in an interview about the grief he experienced after the death of his mother from cancer. He said:



"[Grief] is all the unexpressed love. The grief that will remain with us until we pass because we never get enough time with each other, right? No matter if someone lives until 60, 15, or 99. So I hope this grief stays with me because it's all the unexpressed love that I didn't get to tell her. And I told her every day! We all told her every day, she was the best of us."

Garfield points to a truth that runs against a common attitude in our society: the pain we experience at the loss of someone we love is not something we should simply cover up or reject. Rather, it is something we must embrace and transform. Because, in the end, what is grief but love that can no longer rest here on earth?

And as Christians, we know something more. Every authentic love that God has placed in our hearts ultimately points beyond this life. Our hearts were made for God, and He alone can satisfy our deepest longing. When we lose someone we love, that love does not simply disappear. And neither should we try to make the grief disappear. Instead, we must allow that grief to become what it should be: a longing for eternal life—with God and with all those whom we have loved.

If you are grieving, do not reject your grief! Transform it into prayer. Pray for your departed loved ones—for their purification in Purgatory, if they are not already enjoying the glory of Heaven. Ask God to be merciful to them. And ask Him for the perseverance to bear the pain of their absence faithfully in this life, so that one day you may be reunited with them in Heaven.

To this end, I encourage all of you to participate in the All Souls Day Novena, which will take place throughout the month of November.

Do not reject your grief, transform it into prayer.

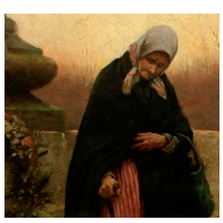
May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

With great hope and confidence,

Fr. Elias Guadalupe Ford, O.P.
Director

prayjude.org/
current-novenas

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All Souls Spiritual Bouquet

Do not reject your grief, transform it into prayer.

Dear Fr. Elias,
Please pray for the souls of my loved ones during the **All Souls Remembrance** at the Shrine of St. Jude Thaddeus **throughout the month of November 2026.**

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Donation: $_____ Name: _____

Please mail this form to **The St. Jude Shrine • PO Box 15368 • San Francisco, CA 94115**; or drop it off at the Shrine.